



HARRISON DISTRICT LIBRARY



February- HEART Month

Other than Ground Hog's Day, February is most often thought of in regard to matters of the HEART. Harrison District Library can certainly meet your needs when it comes to HEARTS.

We have several novels, new and not so new, pertaining to the HEART. The Gift by Louise Jensen sounds intriguing (sinister?) in this description from the back cover:

"Jenna is given another shot at life when she receives a donor heart from a girl called Callie. Eternally grateful to Callie and her family, Jenna gets closer to them, but she soon discovers that Callie's perfect family is hiding some very dark secrets..."

The Heart, by Maylis de Kerangal, is described by one reviewer as, "the best medical novel I've read in years," and Mary Higgins Clark, the Queen of Suspense, has a novel, Just Take My Heart, which is sure to get you biting your nails. Another well-known author, Dean Koontz, takes his own unique twist on HEARTS in his novel, Your Heart Belongs to Me, whose main character is diagnosed with incurable cardiomyopathy. A not-so-well known author, Sonali Dev, wrote an excellent novel, A Change of Heart, about a black market organ transplant ring and a cruise ship doctor.

Maybe you aren't interested in suspense right now because you have your own stress taking care of your HEART health or that of a loved one. Harrison District Library has plenty to select from in that area as well. We have several heart health books permanently on our shelves, but we frequently add to our collection on this topic. Recently, we added a slow cooker cookbook entitled, Fix-It and Forget-It Healthy. Also on our NEW shelf are three other health books that can help improve HEART health:

The Case Against Sugar by Gary Taubes

The Secret Life of Fat by Sylvia Tara, PhD

Zumba! Ditch the Workout! Join the Party! The Zumba Weight Loss Program by Beto Perez

Since most people immediately think of Valentine's Day (HEART day!) and romance when they think of February, we can surely meet your needs in this regard as well. Who are your favorite romance writers? Danielle Steele? (The Mistress) Debbie Macomber? (A Girl's Guide to Moving On) Fern Michaels? (No Safe Secret) Nora Roberts? (Island of Glass) Linda Lael Miller? (Once a Rancher) Nicholas Sparks? (Two by Two) We have numerous offerings by all of these authors. Paranormal romance is popular currently by such authors as Christine Feehan, Charlaine Harris, or Sherilyn Kenyon, to name a few. AND, we have an entire rack of Christian romance we can show you.

Visit us soon! We HEART our patrons!!

